SOUTH WEST ATHLETIC LEAGUE - OVERALL RECORDS 2021

Current Div 1 Records from results kept since 1991 when Avelon & Westward Leagues combined to form SWA
All records must be authenticated by graded officials & for 'scoring' athletes only
missing 26/7/92 - Exeter; U13B 4/9/94; whole of 1999; 29/7/01-Exeter
(except Cornish winners); Div 2 Records updated from 2014 & added Mar 2017

EVENT	COMPETITOR	PERF.	CLUB	VENUE	DATE	
Under 13 Girls						
100m	A.Oldfield	12.9	Armada	Exeter	06-Jul-25	
200m	E.Robinson	26.64	North Devon	Exeter	02-Jun-19	
					04-Aug-19	
800m	M.Canham	2.19.34	Newton Abbot	Exeter	07-Sep-14	
1500m	A.Sutton	4.53.71	Cornwall AC	Exeter	07-Aug-22	
70m Hurdles	L.Wesley	11.4	Taunton	Exeter	30-May-04	
	R.Brown	11.4	Exeter		28-May-06	D2
	I. Wakefield	11.4	North Devon			D2
4x100m Relay		54.3	Wimborne	Exeter	03-Sep-23	
High Jump	K.Chapman	1.62	Exeter	Yeovil	03-Jul-16	
Long Jump	E.Robinson	5.35	North Devon	Exeter	04-Aug-19	
Shot 2.72k	K.Chapman	10.22	Exeter	Exeter	04-Sep-16	
Javelin 400g	M.Desborough	36.16	Wimborne	Exeter	30-Jun-24	
Under 15 Girls						
100m	A.Fasuba	11.72	Armada	Exeter	08-Sep-25	
200m	A.Fasuba	23.79	Armada	Exeter	08.Sep.25	
300m	I.Perry	41.0	Exeter	Exeter	27-Jul-25	
800m	A.Sutton	2.14.22	Cornwall AC	Exeter	02-Jun-24	
1500m	G.Copeland	4.37.9	Wimborne	Yeovil	07-Sep-14	D2
3000m	O.Steer	10.11.20	Exeter	Exeter	03-Sep-23	
75m Hurdles	L.Smith	11.57	Taunton	Exeter	07-May-17	
4x100m Relay		51.6	Team Bath	Exeter	24-May-09	
4x300m Relay		2.57.6	Taunton	Yeovil	03-Jul-16	
High Jump	D.Perks	1.67	Cornwall AC	Exeter	25-May-03	
Pole Vault	L. Allen	3.35	Newquay & Par	Exeter	04-Jun-17	
Long Jump	S.Ingham	5.56	Exeter	Exeter	30-Jun-24	
Triple Jump	R.Sieff	10.52	North Devon	Exeter	06-Jul-25	
Shot	K.Chapman	12.36	Exeter	Exeter	03-Jun-18	
Discus 1k	N.Evans-Shields	38.59	Armada	Plymouth	04-Sep-21	
Hammer 3k	P.Milburn	46.95	Armada	Plymouth	04-Sep-21	
Javelin	L.Waton	40.47	North Devon	Exeter	02-Sep-01	
Under 17 Women	(Hurdles introduced in 1991, full events 1998 records only from these dates)					
100m	K.Little	12.20	Exeter	Exeter	30-Jun-24	
200m	K.Little	24.45	Exeter	Exeter	30-Jun-24	
300m	K.Little	39.62	Torbay etc	Exeter	04-May-25	
800m	C.Blew	2.15.6	Taunton	Yeovil	20-Apr-08	
1500m	O.Steer	4.35.56	Exeter	Exeter	30-Jun-24	
3000m	P.Quinn	9.47.41	Exeter	Exeter	01-Sep-24	
80m Hurdles	N.Sharp	11.6	Bournemouth	Exeter	25-Jul-93	
300m Hurdles	G.Rowsell	44.1	Exeter	Exeter	06-Jun-10	
	R.Brown	44.1	Exeter	Exeter	06-Jun-10	
1500m S/Chase	L.Bickerton	5.13.79	Yeovil	Exeter	30-Apr-23	
High Jump	J.Morrish	1.73	Cornwall AC	Exeter	17-Apr-11	
Pole Vault	M.Caudery	3.90	Cornwall AC	Exeter	05-Jun-16	D2
Long Jump	L.Smith	5.66	Taunton AC	Exeter	07-Jul-19	
Triple Jump	S.Ingham	11.32	Exeter	Exeter	27-Jul-25	
Shot (3kg)	H.Bagnowiec	12.81	North Somerset	Exeter	02-Jun-04	
Discus 1k	N. Evans-Shields	42.32	Armada	Exeter	03-Sep-23	
Javelin (500g)	L.Dawkins	43.19	Taunton	Exeter	05-Jul-15	
Hammer (3kg)	P.Milburn	52.50	Armada	Exeter	28-May-23	
Senior Women						
100m	S.Wilson	11.96	Poole AC	Exeter	01-Sep-13	
200m	K.Little	24.45	Exeter	Exeter	30-Jun-24	
400m	S.Wilson	56.6	Poole AC	Yeovil	03-Jul-16	
800m	C.Cayton-Smith	2.10.5	Cornwall AC	Yeovil	06-Jul-14	
1500m	J.Hansford	4.32.4	Bournemouth	Exeter	25-Jul-93	

3000m	C.Blew	9.28.85	Taunton	Yeovil	04-Sep-11	
100m Hurdles	E.Bee	14.29	Armada	Plymouth	06-Jun-21	
400m Hurdles	E.Bonnett	60.9	Yeovil	Exeter	06-Jul-08	
1500m S/Chase	E.Thorner	4.57.43	Yeovil	Exeter	04-Aug-19	
4x100m Relay		49.3	Bournemouth	Yeovil	04-Jul-10	
4x400m Relay		4.01.1	Exeter	Exeter	24-Jul-94	
High Jump	S.Thompson	1.73	Wessex & Bath		28-May-06	D2
Pole Vault	R Gray	3.76	Cornwall AC	Exeter	03-Jun-18	
Long Jump	G.Scoot	5.98	Newton Abb/Torba	Exeter	28-May-23	
Triple Jump	G.Scoot	12.32	Newton Abb/Torba	Exeter	04-Jun-22	
Shot	V.Foster	13.11	Salisbury		1996	D2
Discus	N.Evans-Shields	43.71	Armada	Exeter	01-Sep-24	
Hammer	T.Brown	48.66	Armada	Exeter	27-Jul-25	
Javelin	J.Burton	50.44	Dorchester	Yeovil	05-Sep-93	
Under 13 Boys						
100m	S-J Taryn Claude	12.3	N.Somerset	Exeter	03-Jul-11	
200m	E.Scott	25.7	Taunton	Exeter	17-Aug-03	
800m	W Rabjohns	2.13.47	Poole AC	Exeter	03-Jun-18	
1500m	W Rabjohns	4.26.25	Poole AC	Exeter	08-Jul-18	
75m Hurdles	L.Webber	12.2	Taunton	Exeter	05-Sep-04	
4x100m Relay		54.0	Wimborne	Exeter	07-Aug-22	
High Jump	R.Barnett	1.60	Newquay & Par	Yeovil	30-Aug-98	
Long Jump	J.Richings	5.18	Poole AC	Exeter	30-Jun-24	
Shot 3k	G.Cox	11.20	North Somerset	Exeter	08.Sep.25	
Javelin	R.Danaher	40.44	Taunton	Exeter		
Under 15 Boys					06-Jun-10	
100m	R.Wells	11.2	Taunton	Exeter	06-Jun-10	
200m	R.Wells	23.0	Taunton	Exeter	04-Jul-93	
300m	J.Wheeler	36.65	Armada	Exeter	04-Aug-19	
400m	N.Hooper	52.3	Yeovil	Exeter	28-Jul-91	
800m	H.Cornish	2.04.5	Poole AC	Yeovil	25-Sep-21	
1500m	C.Robinson	4.17.1	Cornwall AC	Yeovil	30-Jun-91	
3000m	K.Stone	9.16.2	Torbay	Plymouth	03-Sep-06	
80m Hurdles	S.Talbot	11.61	Exeter		12-May-13	D2
1500m S/chase	O. Beck	4.44.11	Yeovil	Exeter	04-May-25	
4x100m Relay		48.2	Bournemouth	Exeter	05-Sep-93	
4x300m Relay		2.42.38	Exeter	Exeter	08-Jul-18	
4x400m Relay		3.55.5	Bournemouth	Yeovil	04-Sep-05	
High Jump	B.Gibb	1.80	Yeovil	Exeter	02-Jul-06	
Pole Vault	N.Jones	3.55	Armada	Exeter	04-Aug-19	
Long Jump	S.Talbot	5.83	Exeter		12-May-13	D2
Triple Jump	W.Langridge	12.92	Wimborne	Exeter	07-Aug-22	
	Z.Richings		Poole AC	Exeter	03-Sep-23	
Shot	L.Biddlecombe	14.89	Yeovil	Yeovil	01-Jul-07	
Discus	L.Biddlecombe	50.18	Yeovil	Exeter	06-Jun-10	
Javelin ('99 Spec)	D.Allen	50.35	Exeter	Exeter	02-Sep-12	
Hammer	A.Elkins	49.34	Poole AC	Exeter		
Under 17 Men					24-May-98	
100m	A. Armstrong	11.07	Yeovil	Exeter	03-Sep-23	
200m	J.Hutchinson	22.4	Team Bath	Yeovil	03-Aug-03	
400m	E.Scott	49.70	Taunton	Exeter	24-Aug-14	
800m	K.Gibson	1.57.6	Mendip		06-Sep-09	D2
1500m	E.Bird	3.59.6	Poole AC	Yeovil	04-Jul-21	
3000m	R.Barclay-Watt	8.42.85	Exeter	Exeter	01-Sep-24	
100m Hurdles	J.Taylor	13.2	Exeter Harriers	Exeter	16.Jul.23	
400m Hurdles	N.Maczugowski	56.0	Armada	Exeter	03.Sep.23	
1500m S/chase	D.Warnes	4.12.2	N.Somerset	Yeovil	26-Sep-15	D2
4x100m Relay		45.3	Yeovil	Plymouth	03-Jul-05	
4x400m Relay		3.37.63	Exeter Harriers	Exeter	04-Aug-19	
High Jump	S.Robins	1.92	Newquay & Par	Par	11-May-14	D2
Pole Vault	D.Curwen-Reed	4.15	Wessex & Bath		02-Jul-06	D2
Long Jump	R.Glover	6.60	Yeovil	Yeovil	04-Jul-93	
Triple Jump	A.Carrow	13.48	Yeovil	Exeter	05-Jul-09	

Shot	**M.Halton**	**17.07**	**Newquay & Par**	**Exeter**	**07-Sep-08**	
Discus	**P.Swan**	**49.87**	**Cornwall AC**	**Yeovil**	**06-Jul-14**	
Javelin	**R.Danaher**	**59.74**	**Taunton**	**Yeovil**	**07-Sep-08**	
Hammer	**A.Elkins**	**59.55**	**Poole AC**	**Exeter**		
U20 Men	**(Full events introduced 1998 records only from this date)**				**07-Jul-02**	
100m	**A.Hateley**	**10.75**	**Poole AC**	**Exeter**	**02-Sep-12**	
200m	**T.Bennett**	**21.66**	**Taunton**	**Exeter**	**02-Jun-24**	
400m	**R.Summers**	**48.90**	**Armada**	**Exeter**	**04-May-25**	
800m	**J.Trigwell**	**1.57.49**	**Exeter**	**Exeter**	**02-Sep-12**	
1500m	**E.Bird**	**3.51.17**	**Poole AC**	**Exeter**	**30-Apr-23**	
5000m	**E.Bird**	**14.36.07**	**Poole AC**	**Exeter**	**04-Sep-22**	
110m Hurdles	**J.Smith**	**14.31**	**Exeter Harriers**	**Exeter**	**05-May-24**	
400m Hurdles	**D.Green**	**54.3**	**Cornwall AC**	**Yeovil**	**05-Jul-09**	
2000mS/Chase	**B.Brown**	**6.12.4**	**Taunton**	**Exeter**	**17-Apr-11**	
3000m S/chase	**S.Hazell**	**9.45.9**	**Mendip**		**06-Sep-09**	**D2**
High Jump	**J Anderson**	**2.01**	**Exeter**	**Exeter**	**04-Sep-16**	
Pole Vault	**C.Walker-Shepherd**	**4.30**	**Team Bath**		**06-Jul-08**	**D2**
Long Jump	**H.Barton**	**7.24**	**Yeovil**	**Exeter**	**07-Aug-22**	
Triple Jump	**W.Langridge**	**14.71**	**Poole AC**	**Exeter**	**04-May-25**	
Shot	**L.Biddlecombe**	**17.28**	**Yeovil**	**Exeter**	**17-Apr-11**	
Discus	**J.Foorde**	**56.97**	**Taunton AC**	**Exeter**	**06-Jul-25**	
Javelin	**M.Smith**	**64.02**	**Exeter**	**Exeter**	**06-Jun-10**	
Hammer	**A.Elkins**	**64.61**	**Poole AC**	**Exeter**	**10-Jun-12**	
Senior Men						
100m	**A.Potter**	**10.6**	**City of Bath**		**25-May-03**	**D2**
200m	**A.Potter**	**21.5**	**City of Bath**		**25-May-03**	**D2**
400m	**S.Peters**	**48.18**	**Exeter**		**29-Jul-13**	**D2**
800m	**A.Duke**	**1.53.8**	**Wells**	**Exeter**	**28-Jul-96**	
1500m	**N.Caddy**	**3.49.9**	**Newquay & Par**	**Yeovil**	**05-Jul-92**	
5000m	**J.Scott**	**14.57.2**	**Newquay & Par**	**Plymouth**	**18-Apr-10**	
110m Hurdles	**R.Reekes**	**14.2**	**Poole AC**	**Yeovil**	**26-Jul-92**	
400m Hurdles	**G.Jennings**	**52.9**	**Yeovil**	**Exeter**	**10-Sep-95**	
2000mS/Chase	**T.Heal**	**5.59.33**	**Taunton**	**Exeter**	**27-Jul-25**	
3000m S/chase	**J.Gill**	**9.22.2**	**Newquay & Par**	**Yeovil**	**30-May-04**	
4x100m Relay		**43.19**	**Poole AC**	**Exeter**	**01-Sep-13**	
4x400m Relay		**3.26.0**	**Yeovil**	**Yeovil**	**28-May-95**	
High Jump	**R.Webb**	**2.15**	**Wimborne**	**Exeter**	**02-Sep-18**	
					01-Sep-19	
Pole Vault	**A.Carpenter**	**4.75**	**Poole AC**	**Exeter**	**17-Apr-11**	
Long Jump	**J.Turner**	**7.31**	**Exeter**	**Exeter**	**06-Jul-25**	
Triple Jump	**J.Leaver**	**15.00**	**Dorchester**		**1996**	**D2**
Shot	**C.De Viglio**	**18.27**	**Team Bath**		**02-Sep-07**	**D2**
Discus	**M.Plowman**	**52.40**	**Yeovil**	**Exeter**	**02-Jul-17**	
Javelin	**M.Smith**	**70.21**	**Exeter**	**Exeter**	**28-Jul-96**	
Hammer	**J.Pearson**	**64.62**	**Yeovil**	**Yeovil**		